

TEAM BE  THE MATCH®

CHAMPION CHALLENGE

Move more. Raise more. Cure more.

3 EASY STEPS TO PARTICIPATE IN THE CHAMPION CHALLENGE THIS SUMMER

Get moving this summer to help us cure blood cancer and other blood diseases.

1. MOVE MORE

- Choose your physical activity. You can do anything from taking the stairs at work to running a 10K. There's no activity too small or too big—just move more!
- Need an idea? See our Activities List in the Resource Center!

2. RAISE MORE

- Create your own Team Be The Match fundraising page.
- Let your supporters know how much to contribute based on your plan for the challenge.
- Make sure to add details about why you want to be a champion for cancer patients.
- Share your fundraising goal and go for it!

3. CURE MORE

- The more funds you raise, the more lives you'll help save. Call, text, email everyone you know to ask for their help in fighting blood cancer!
- Connect your Team Be The Match page with your Facebook page to take donations through Facebook as well.
- Share your progress on all your social channels to get your networks excited about helping you become a champion for patients!

Remember, **every dollar you raise** helps Be The Match® find more life-saving donors for patients suffering from blood cancers and blood diseases.

QUESTIONS? NEED ADVICE?

Email us at TeamBeTheMatch@nmdp.org

and we'd be happy to help you become a champion!

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NEED AN EXTRA PUSH TO GET MOVING?

The first 50 fundraisers who raise \$200 on their page will receive an EXCLUSIVE Team Be The Match Camelbak® water bottle!